

2023

# *Holiday* GIFT GUIDE

Discover and support local micro and small businesses in the Hampton Roads Area with our holiday guide. It's our way of connecting you with the vibrant local business community, fostering a connection that lasts beyond the holiday season



**DIVERSE HAMPTON ROADS**



# Welcome

Step into the magic of the season with our Holiday Guide, where festive joy intertwines with thoughtful gifting! Immerse yourself in curated ideas straight from the hearts of a few of our members. They've shared their favorite local products, services, and places owned by fellow micro and small businesses in the Hampton Roads area. Join us on a journey of discovery and celebrate the spirit of community and unique finds this holiday season!

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Xo, Angela Johnson

Founder/CEO of Diverse Hampton Roads





# ALODEURI

[www.alodeuri.com](http://www.alodeuri.com)

*Free Shipping using the code **DHRship** through December*

I am excited to share some of favorite things that I am sure will make perfect Holiday gifts. These items are so amazing and are all from small businesses, most local right here in Hampton Roads.



## My favorite read of the year The Sugar Jar

This beautifully written and soul stirring book has been dogeared and replayed (Yes I bought the audio book as well) daily for the past 3 months. It is a journey into how we can dig deep and affirm our work in healing and living authentically. This is my favorite gift to myself this year!!!



## Soothing Those Sore Muscles! Less Than

This balm is my go to after hours of creating jewelry. I keep it right at my side and love that I can always get it at one of my favorite spots in Norfolk - Less Than a beautiful refill and sustainable goods boutique. It is vegan, organic, has such a invigorating scent and your skin is well moisturized as well.

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# ALODEURI



A Must Have Adornment

## Alodeuri Artisan Jewelry

Sometimes the most simple things can add the most beauty to our bodies. My "Lita" wire wrap ring is the perfect everyday piece to wear. It was designed and crafted to be a simple reminder to wrap yourself in love. An affirmation that you are beautiful. A confirmation that you are worthy.



Smell and Feel Beautiful

## Apothique Body Oil

I came upon this beautiful body oil while shopping in Selden Market and it is so lush, smooth and the scent is enchanting. I love that it is all natural and i can use it all over. It is nourishing and light and leaves me smelling oh so nice!



Natural Good Vibe Booster!

## CLTRE. VGN. JNT.

This is my drank! I fell in LOVE at first sip and am so excited that I can now buy this Macaashrum coffee to enjoy at home. A mushroom centered - but not based blend that gives me energy and is delicious. I love it brewed with just water but it is a cozy treat with a little oat milk and sweetener.



# INNER PEACE WELLNESS

[www.innerpeacewellness.com](http://www.innerpeacewellness.com)

SHOP OUR OPEN HOUSE-December 1, 4-8pm

Truly personalized massage, bodywork, & energy therapies with a holistic approach. A safe space for all, offering longer session times combining multiple therapies for relief, relaxation, and results.



The gift of self-care

## Gift Certificates

Treat the special people in your life to some well-deserved self care with a custom gift certificate. Available for specific service or dollar amount.



Aromatic wellness

## Essential Oil Gift Sets

Enhance your health and wellness with the gift of aromatherapy. The benefits of essential oils are abundant and wonderful for stress-relief, calming anxiety, easing aches and pains, and so much more.

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# INNER PEACE WELLNESS



At home therapy

## Castor Oil Pack Sets

You may have heard of this popular therapy. Known for its anti-inflammatory and calming properties, this set has all the supplies you need to get started with your first pack for at-home healing.



For the littles!

## Kidsafe Plushes

These adorable animal plushes are perfect for an aromatherapy boost for your little one's wellness. They come with a bottle of calming oil that you can apply to a cotton pad that is hidden inside the animal. Two sizes.



Feeling good at home

## Tools for Self-care

A collection of small items to help with home maintenance after your massage sessions or to keep the calm with your meditation/spiritual practice. Tools for plantar fasciitis, trigger point work, or cupping at home plus sacred smoke kits for energy clearing.



# BREEZY ROBBINS

I am new to the area, and have brought 12 years of Client Relations and Support Service experience. I translated these skills to the finance industry 3 years ago and have loved getting to help people find financial freedom while exploring my new home and all that it has to offer. I'd love to get together for coffee; My phone is **(315)-708-1509** or e-mail **bmmulroyrobb@ft.newyorklife.com**



Catering Company

## Say Cheese Charcuterie

Say Cheese is a local charcuterie catering company that specializes in charcuterie boards, boxes and grazing tables and more. They create a special experience that are creative, affordable and absolutely scrumptious! You can find them on Instagram [saycheese.charcuterie\\_](https://www.instagram.com/saycheese.charcuterie_)



Coffee Shop

## The Coffee Shoppe

Located in Olde Towne Portsmouth, The Coffee Shoppe has been bringing the community together since 2009. Whether you are looking for coffee, food, friends, or a place to hang out, you will find it all and more, 7 days a week.

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# BREEZY ROBBINS



Candle Company

## Authenticity Co.

ACO was born from the idea that everything is better in its purest form. Since 2012 they have used natural ingredients to transform the body and mind. Everything is nontoxic, phthalate free, cruelty free and handmade in their Virginia studio. They are located at 739 High St, Suite 110 Portsmouth, VA 23704 and their website is [theacobrand.com](http://theacobrand.com)



Restaurant

## Gosport Tavern

Gosport Tavern has been a staple in Olde Towne Portsmouth for over a decade. They have a comforting atmosphere that mixed with their food and original cocktails, makes you feel right at home. There is something for everyone to enjoy. They are located at 702 High St. Portsmouth, VA 23704



Skate Shop

## Cardinal Skate Shop

Cardinal is a classic, all encompassing skate shop located on Granby in Norfolk. In addition to their plethora of gear, they have a library and in indoor skate park. Jason, the owner, is great to chat with and has immense passion. Roll Thru at 733 Granby St, Norfolk, VA 23510





# AMJ WEB SOLUTIONS

**[www.amjwebsolutions.com](http://www.amjwebsolutions.com)**

*Assisting small businesses, and nonprofits in building and maintaining their digital presence*

Championing local micro and small businesses is close to my heart. Here are some of my favorite local items and small businesses in the Hampton Roads you can connect with to purchase gifts for the holiday season.



A Great Start To My Day

## OSF Nutrition

Every Monday and Thursday, I go and grab one of their delicious teas to help start my day. They have a variety of flavors for you to choose from. OSF Nutrition is located in the Habor View section of Suffolk. Check out them out on Instagram: @osfnutrition and Facebook: @osnutritionva



When I Need To Destress

## Inner Peace Wellness, LLC

Inner Peace Wellness LLC is my go-to-go when I need a massage. Christy, the owner, brings a wealth of experience, tailoring each session to clients' needs, ensuring they not only receive a massage but also gain a personalized and transformative wellness experience.

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# AMJ WEB SOLUTIONS



A Delicious Treat

## Cheesecakes Unlimited by Chey, LLC

Chey makes delicious cheesecakes. My personal favorite is the Hummingbird. When I learned that Chey sells a Hummingbird cheesecake I was very excited to try it. I fell in love after the first bite. To purchase one for yourself, visit <https://cheesecakesunlimitedbychey.com>.



Natural Scents That Relax Your Senses

## Embrace Creation LLC

I discovered these soy wax pouches at a local festival. I love that these are made with soy versus paraffin wax, which produces harmful by-products when burned. Soy wax is all-natural and non-toxic. Visit <https://embracecreationllc.com> to learn how you can purchase for yourself.



My favorite cap on a cold day

## Earthy Child

I remember about a year ago, visiting Earthy Child's tent at the NEON Holiday Market and seeing this hat. I called to me since blue is my favorite color. I love that Earthy Child creates a variety of items using upcycled materials. Visit her website at <https://earthy-child.square.site/>



# LANAI ALPHONSE

My mission is to help families earn more income, become properly protected, debt free, and financially independent. I am the one stop shop for all financial needs including but not limited to Life insurance, Investment options, Vivint security systems, Mortgages, and Senior Health Care at no cost to the elderly. Contact me at **773-503-1364** to discuss your needs.

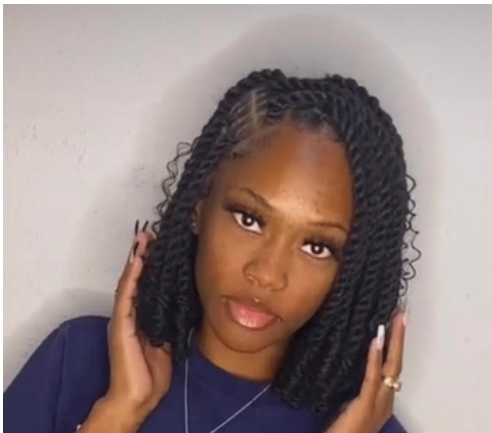


Boutique

## R.P.S FULL BODY WAX

Rock Paper Scissors Full Body Waxing Boutique (RPS) specializes in Full Body Waxing (hair removal). For Females and Males.

<https://www.vagaro.com/rpsfullbodywaxingboutique>



Hair Stylist

## SAWEETSLAYSBYJADA

She specialize in all styles of braids, and faux locs. All styles include hair (any color(s) ). She is professional and a perfectionist when it comes to styling your hair. Her rates are reasonable and I love her work.

**IG: @sweetslaysbyjada**

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# LANAI ALPHONSE



**LOOKING FOR A REAL ESTATE AGENT?**

TITIANA (TATI) SMITH  
REALTOR®  
RETIRED NAVY VETERAN

If you're looking to buy a property in Hampton Roads or the surrounding areas, I would love to help you!!

Feel free to call or text me if you have any homebuying questions.

Titiana.smith@kw.com

**kw** COASTAL VIRGINIA  
KELLER WILLIAMS  
CHESAPEAKE

Realtor  
**Titiana Smith**

Tatiana is new in the real estate industry but her quality of service will make you feel as though she has done this for years. She is a Veteran, Mom, and overall professional that offer excellent service from beginning to end in the real estate process. Check her out!

**IG: tati\_sells757**





## DIVERSE HAMPTON ROADS

As we conclude this joyful journey through our holiday guide, Diverse Hampton Roads wishes your holiday season is filled with joy, warmth, and the magic of meaningful connections. May you also experience unforgettable moments and a heart full of gratitude. Happy Holidays!

Diverse Hampton Roads is dedicated to celebrating, showcasing, and supporting diverse micro and small businesses (minority-owned, women-owned, black-owned, veteran-owned, disabled-owned, and LGBTQ-owned businesses) in the Hampton Roads area. Visit our website to learn more about us, and our amazing members

<https://diversehamptonroads.com>